# ROUTE \#1 

## RUNNING ROUTE -MODERATE/HARD WALKING ROUTE - MODERATE DISTANCE - 6.7 MILES

Circular route: Crickhowell to Llangenny to Crickhowell
Starting at MAISON50 in Crickhowell's High Street, turn right up the High Street towards The Bear, then turn right here at the T Junction - we will run or walk a short way down the main A40 heading towards Glangrwyney.

Turn left at Glangrwyney - head through the beautiful lanes towards the lovely country hamlet of Llangenny.

Stop for a breather at the stunning Dragon's Head pub in Llangenny.

Head up with a long pull past Bluebell Woods back towards Crickhowell. Enjoy an amazing birds'-eye view of Crickhowell!

Head back to MAISON50 and maybe pop into The Bear Hotel for a well deserved pint!

